**A Vision of your Mind**

Explore your understanding of your mind and its creative and intellectual components. Consider your capabilities and weaknesses, your discovered and still-buried treasure, your mountain tops and valleys. The process will help you learn some more about yourself, make some decisions, and maybe focus on some areas to develop.

Your mission is to complete one of the following:

**A Visual “Map” of your Mind:**

What are the important areas of your thinking?

How much of this is based on logic, emotions, outside influences, rebellion, conformity?

Invent the shape of the boundaries, the size of different areas, the heights, depths, rivers, fields, mountain ranges, open roads, forests, cities, jungles, plains, etc.

Create the name for the major geographical areas

Illustrate the major areas

**An Image-filled Description, Poem, Song or Story of your Mind’s Workings:**

Consider a tangible image (metaphor) that parallels or illustrates your thinking (ex. Tree, hot air balloon, conch shell, spider web, meadow, rocket ship, etc.)

Write a poem, song, description, story of this image and how it reflects or illustrate your mind

Emphasize a specific attitude toward your mind. This could be a positive exciting attitude or a frustrating, challenging attitude

**An Original Diagram of your Mind:**

Create a chart, diagram, organized visual representation of the components of your mind’s components

Consider the major divisions of your mind, classify them, and determine how the subdivisions fit into, support, reinforce these patterns.

**An Essay of your Mind’s Workings:**

How does your mind work and what causes it to work this way?

Consider a series of different situations (physical activity, mental activity, problem-solving, etc.) and list the steps you went through in completing each activity, then analyze the commonalities and differences of each.

Explain in an essay either how this process developed, what influences the process and why.